

PTSD/CPTSD/Sexual Abuse Survivors, Addiction,



Women's Support-Process Group

In Person

Weekly Group Long Term. For those interested in developing tools to navigate a quality of life, while addressing historical or residual aftereffects from traumatic experiences. Initially, commit to 3 months upon entry, as well as attending your own individual therapy with another provider of your choice. Thursday from 5-6:30 in Westwood Village. In Person, with hybrid limited possibility. For more information contact information: 310-209-0740 judy@asrtherapy.com.